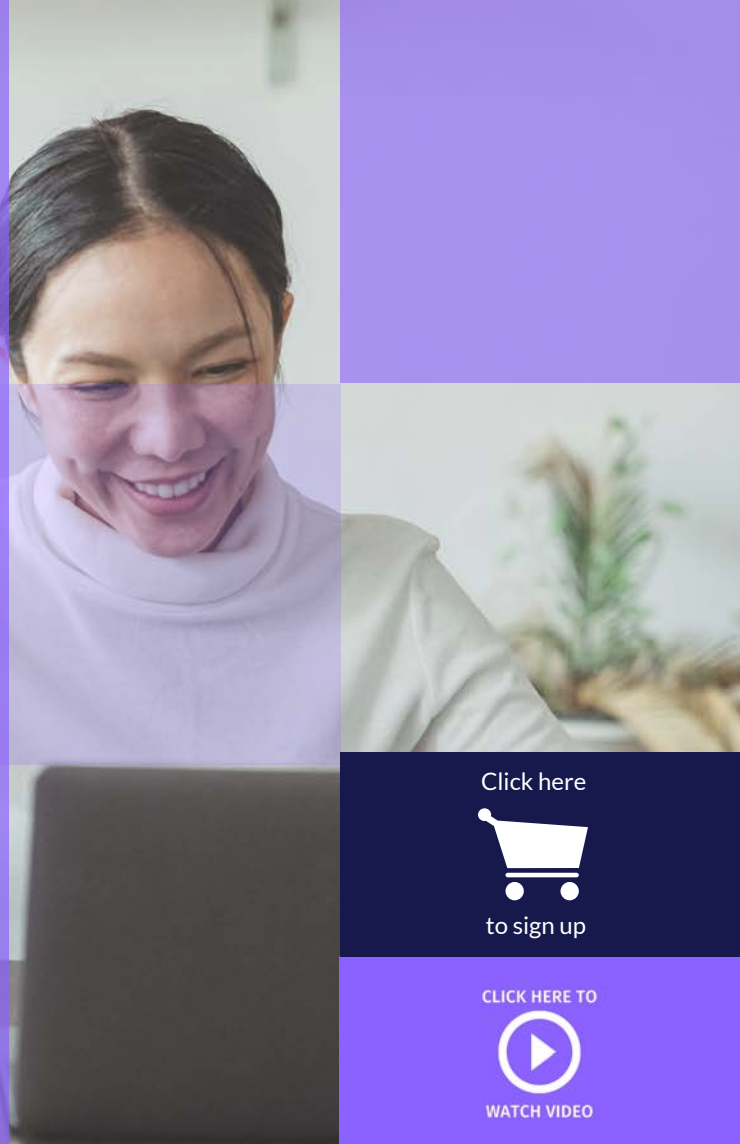


Managing Burnout and Navigating Uncertainty in the New World of Work

A Professional Development Program for HR and Business Leaders

Are you and your people thriving or just surviving? Are you wanting better training and knowledge around effectively managing burnout and navigating uncertainty in your organizations? **We're here to help.**

Join the Blunovus team for a transformative learning experience, led by our Co-Founder, James Hadlock, that will truly help you lead with confidence and clarity in the new world of work.



Click here



to sign up

CLICK HERE TO



WATCH VIDEO



REDUCE BURNOUT

Help your people (and yourself) get to a place of thriving and not just surviving.



BETTER NAVIGATE UNCERTAINTY

Better equip yourself with the tools for dealing with gray areas and uncertain situations.



IMPROVE MOTIVATION

Create a culture where your people are energized and feel safe to fully contribute.



INCREASE RETENTION

Learn how to leverage personal insight so you can inspire more people to stay.

77% of people have felt burned out in their current job.

Source: Deloitte

COMPANIES FACE CHALLENGES

- #1 driver of burnout is lack of leadership support.
- 87% of leaders don't receive mental health training.
- 89% of employees say they need more support.
- Annual turnover continues to climb (57.3% in 2020).

For a limited time, use
the discount code
SAVE20 for 20% off.

"THAT WAS AMAZING!! I loved every bit of the training. Initial feedback from the entire HR team was it is just what we needed." Heidi Payne | Purple



Coach and Facilitator
James Hadlock

What's included



1/2 DAY VIRTUAL KICK OFF



90 MIN VIRTUAL FOLLOW UP +
90 MIN ON-DEMAND CONTENT



60 MIN PERSONAL
COACHING SESSION



24/7 CARE CENTER SUPPORT

What we will cover

I'm-fine-itis and the Inner Workings of Well-Being

- What is mental health?
- Happiness formula, thought-feeling relationship, and how to thrive
- Starts with you, managing your mental health, executive resources
- How to reduce stigma

Solving the How, What, and When

- The ultimate problem solver
- How insight works
- The power of pause

Building Trust, Providing Safety, and the Science of Compassion

- Polyvagal Theory
- Psychological Safety
- Innate listening
- What everyone looks for in a leader
- Power of Questions