

# Blunovus Speaks

Gain Access to Expert-Given Speeches, Webinars, and Workshops

Our network of speakers is available to you for all types of group engagements and events. Blunovus speakers provide a wealth of knowledge on a vast selection of topics, allowing your team to learn about and experience what mental health and emotional well-being are all about.

## Event Topics

### Workplace Wellness

- Returning to Work After COVID
- Balancing Work and Home Life
- Leadership Amid Crisis
- Psychological Safety in the Workplace
- Building Trust as a Leader

### Mental Health

- Anxiety Disorders
- Depression
- Addiction
- Stress and Burnout
- Grief and Loss
- Emotional Well-Being Amid Crisis

### General Well-Being

- Resilience
- Mindfulness
- Connection and Relationships
- The Science of Compassion
- Emotional Elasticity

**And so much more—just ask!**

Contact us for availability and pricing!

(866) 258-6688 | [go@blunovus.com](mailto:go@blunovus.com)