

Drug Abuse Screening Test

Are you struggling with drug abuse? Find out below.

Overview & Instructions

Millions of Americans are affected by drug abuse every year, and most of those individuals never receive treatment, making drug abuse a serious concern in America.

We're here to help, and we've provided you with the following questionnaire you can use to gain insights into your own drug use.

Directions:

- The following questions concern information about your involvement with drugs. Drug abuse refers to (1) the use of prescribed or “over-the-counter” drugs in excess of the directions, and (2) any non-medical use of drugs. Consider the past year (12 months) and carefully read each statement. Then decide whether your answer is YES or NO and check the appropriate space. Please be sure to answer every question.
- Use the scoring interpretation sheet on the following page to obtain insights into the severity of your condition and learn about actions you can take to improve your condition.

Start The Questionnaire

	Yes	No
1. Have you used drugs other than those required for medical reasons?	___	___
2. Have you abused prescription drugs?	___	___
3. Do you abuse more than one drug at a time?	___	___
4. Can you get through the week without using drugs (other than those required for medical reasons)?	___	___
5. Are you always able to stop using drugs when you want to?	___	___
6. Do you abuse drugs on a continuous basis?	___	___
7. Do you try to limit your drug use to certain situations?	___	___
8. Have you had “blackouts” or “flashbacks” as a result of drug use?	___	___
9. Do you ever feel bad about your drug abuse?	___	___
10. Does your spouse (or parents) ever complain about your involvement with drugs?	___	___
11. Do your friends or relatives know or suspect you abuse drugs?	___	___
12. Has drug abuse ever created problems between you and your spouse?	___	___
13. Has any family member ever sought help for problems related to your drug use?	___	___
14. Have you ever lost friends because of your use of drugs?	___	___
15. Have you ever neglected your family or missed work because of your use of drugs?	___	___
16. Have you ever been in trouble at work because of drug abuse?	___	___
17. Have you ever lost a job because of drug abuse?	___	___

Continue questions on following page.

Drug Abuse Questionnaire

Questions Continued and Scoring Interpretation Sheet



	Yes	No
18. Have you gotten into fights when under the influence of drugs?	___	___
19. Have you ever been arrested because of unusual behavior while under the influence of drugs?	___	___
20. Have you ever been arrested for driving while under the influence of drugs?	___	___
21. Have you engaged in illegal activities in order to obtain drugs?	___	___
22. Have you ever been arrested for possession of illegal drugs?	___	___
23. Have you ever experienced withdrawal symptoms as a result of heavy drug intake?	___	___
24. Have you had medical problems as a result of your drug use (e.g., memory loss, hepatitis, convulsions, bleeding, etc.)?	___	___
25. Have you ever gone to anyone for help for a drug problem?	___	___
26. Have you ever been in a hospital for medical problems related to your drug use?	___	___
27. Have you ever been involved in a treatment program specifically related to drug use?	___	___
28. Have you been treated as an outpatient for problems related to drug abuse?	___	___

Scoring: A score of "1" is given for each YES response, except for items 4, 5, and 7, for which a NO response is given a score of "1." Add up your points accordingly for all questions to obtain your total score.

Total Score: _____

Scoring Interpretation

Use the chart below to assess your score with its associated severity and learn proposed actions.

Score	Severity	Proposed Action
0	No Signs of a Substance Use Disorder	You currently show no signs of any problems with drugs. Continue living in ways that make you happy and healthy.
1 - 5	Likely Not Struggling With a Substance Use Disorder	You have not reached the cutoff score of 6 to recommend being screened for a substance use disorder. However, if you notice drugs negatively impacting your life as you move forward, you may want to consider getting screened by a professional.
6 - 11	Potential Signs of a Substance Use Disorder	You are showing signs of struggling with a substance use disorder. It is recommended that you get screened by a professional to get clarity on your condition and help as needed.
12 +	Serious Signs of a Substance Use Disorder	You are exhibiting serious signs of a substance use disorder. It is highly recommended that you seek professional help for a screening and to receive needed support.

For Blunovus Members: If you would like to decompress, receive support, or have help finding a mental health provider that fits your specific needs, the Blunovus Care Center is here for you. Call/text us anytime, day or night, by using the Blunovus Care app.

Disclaimer: This questionnaire is for self-inquiry and is not a diagnostic tool nor a replacement for professional assessment and treatment.