Blunovus

SNCUP EXECUTIVE COACHING



Culture Starts With Leadership

As a leader of your organization, real cultural change starts with you.

When you partner with us through our SNCUP Executive Coaching program, you gain the skills and tools necessary to manage your own well-being first. From there, we help you change the way your organization experiences mental health and produce cultural change that transforms the lives of your people.

This cultural transformation allows you to increase wellbeing, loyalty, productivity, and engagement, all while decreasing healthcare costs, employee stress, presenteeism, and absenteeism.

What SNCUP Stands For:





COMPASSION

Embody empathy, kindness, emotional intelligence, and authenticity.

- UNITY

Create a culture of connection, stability, openness, and communication.

NON-JUDGEMENT

Internalize the skills of acceptance.

honesty, and

patience.

PRESENCE

Bring focus, clarity, and intention into your everyday actions.

Transformative Coaching

We show you where connection, well-being, and success come from and how to LEAD with authenticity, empathy, and confidence.



Connection | Clarity | Confidence

To have a winning culture, and better overall success, leaders must first win the hearts and minds of employees.

We'll teach you how to:

- 1. Strengthen relationships
- 2. Advance communication
- 3. Improve overall well-being

People Need People



How It Works

6-Month Program Framework 1-hr intro preonboard session

3-hour initial deep dive

Monthly 1 to 2-hr coaching session

Monthly prerecorded lesson Weekly integrative exercises

Weekly written assignments

blu nov us•

Contact us for pricing info and other coaching details.

We are here to help!

(866) 258-6688

go@blunovus.com

www.blunovus.com